

Grassroots Natural Market

2007 Park Street
Jacksonville, FL 32204
(904) 384-4474

Organic Smoothies

Classics

BANANA BERRY - ALMOND MILK,
STRAWBERRY, BANANA, DATE

PEACH COBBLER - ALMOND MILK,
APPLE JUICE, PEACH, DATE, OATS

NUTBUTTER NANER - ALMOND
MILK, BANANA, AVOCADO, CACAO,
PEANUT/ALMOND BUTTER

Greens

SUPER HERO - ALMOND MILK,
MANGO, BANANA, SPIRULINA, DATE

GREEN HYDRATION - COCONUT
WATER, PINEAPPLE, MANGO,
CILANTRO, CUCUMBER, LIME

SWEET GREENS - ALMOND MILK,
ORANGE JUICE, BANANA,
PINEAPPLE, FLAX OIL, SPINACH,
KALE

MOJO MONSTER - ORANGE JUICE,
BANANA, PINEAPPLE, GINGER,
MINT, SPINACH

Superfoods

COCONUT HEAVEN - COCONUT
WATER, MANGO, PINEAPPLE, COCONUT
OIL, DATE

ANTI-OXILICIOUS ENERGY - APPLE
JUICE, YERBA MATE, BANANA,
STRAWBERRY, BLUEBERRY, ACAI

TURMERIC TWISTER - ALMOND MILK,
BANANA, MANGO, TURMERIC,
CINNAMON, GINGER, DATE

TROPIC SUNSET - COCONUT WATER,
BANANA, PINEAPPLE, STRAWBERRY

Sweetly Simple

SWEET JANE - ALMOND MILK,
BANANA, DATE

CINNA-BANANA - ALMOND MILK,
BANANA, CINNAMON, ALMOND
BUTTER

STRAWBERRY BASIL - APPLE
JUICE, STRAWBERRY, BASIL

CHOCO-NANER - ALMOND MILK,
BANANA, AVOCADO, CACAO

Energy

RAZZLE DAZZLE - ORANGE JUICE,
RASPBERRY, BANANA, LEMON

SWEET TART MACA - ORANGE
JUICE, COCONUT MILK, MANGO,
STRAWBERRY, MACA

BEE-LICIOUS - COCONUT WATER,
BANANA, MANGO, BLUEBERRY, BEE
POLLEN

AVOCADO-NILLA - COCONUT
WATER, PINEAPPLE, AVOCADO,
VANILLA BEAN PASTE, LIME

Create Your Own!

PICK 1: ALMOND MILK, APPLE
JUICE, ORANGE JUICE, COCONUT
WATER

PICK UP TO 3 FRUITS: BANANA,
MANGO, PINEAPPLE, STRAWBERRY,
BLUEBERRY, PEACH

PERSONALIZE: CHOOSE ANY ADD-
IN STARTING AT \$.49 EACH

Available in 12 oz, 16 oz or 24 oz