

**ORGANIC JUICES**

12oz \$7.99    16oz \$9.99    24oz \$11.99

**Balanced Beets-** *Apple/ Beet/ Carrot*

**Citrus Cleanse-** *Orange/ Grapefruit/ Lemon*

**Cranberry Apple-** *Apple/ Carrot/ Kale/ Cranberry*

**Daily Detox-** *Apple/ Cucumber/ Kale/ Parsley/ Lime*

**Florida Perfection-** *Orange/ Grapefruit/ Lemon/ Ginger*

**Grapefruit Love-** *Carrot/ Grapefruit/ Spinach/ Kale*

**Immunity Shield-** *Apple/ Carrot/ Parsley/ Garlic*

**Limey Beet-** *Apple/ Beet/ Lime/ Ginger*

**Mellow Greens-** *Apple/ Carrot/ Kale/ Seasonal Greens*

**Morning Zinger-** *Apple/ Cucumber/ Lemon/ Cilantro/ Maca*

**Perfect Pink-** *Pear/ Pineapple/ Beet/ Ginger*

**Skin Detox-** *Apple/Cucumber/ Celery*

**Tang-Licious-** *Pineapple/ Cucumber/ Lemon/ Kale/ Celery*

**Tropic Mint-** *Orange/Pineapple/ Mint/ Ginger*

**Veggie Recruiter-** *Carrot/ Cucumber/ Parsley/ Celery*

**Organic Elixir Shots**

1oz- \$2.99    2oz- \$3.99

**WHEATGRASS**

**GINGER**

**INITIATION SHOT-** *Orange/ Wheatgrass-*

**TOTAL CLEANSE-** *Ginger/ Cranberry/ Wheatgrass*

**DAREDEVIL SHOT-** *Cranberry/ Lemon/ Ginger*

**ORGANIC SMOOTHIES**

12oz \$6.99    16oz \$8.99    24oz \$10.99

**Anti-oxidicious Energy-** *Apple Juice/ Yerba Mate/Banana/Strawberry/ Blueberry/ Acai*

**Avocado-Nilla-***Coconut Water/ Pineapple/ Avocado/ Vanilla/ Lime*

**Banana Berry-** *Almond Mylk/ Strawberry/ Banana/ Date*

**Bee-licious-** *Coconut Water/ Banana/ Mango/ Blueberry/ Bee Pollen*

**Cinna-banana-***Almond Mylk/ Banana/ Cinnamon/ Almond Butter*

**Choco Naner-***Almond Mylk/ Banana/ Avocado/ Cacao*

**Coconut Heaven-***Coconut Water/ Mango/ Pineapple/ Coconut Oil/ Date*

**Green Hydration-***Coconut Water/ Pineapple/ Mango/ Cilantro/ Cucumber/ Lime*

**Mojo Monster-***Orange Juice/ Banana/ Pineapple/ Ginger/ Mint/ Spinach*

**Nutbutter Naner-***Almond Mylk/ Banana/ Avocado/ Cacao/ Peanut or Almond Butter*

**Peach Cobbler-***Almond Mylk/ Apple Juice/ Peach/ Date/ Oats*

**Razzle Dazzle-** *Orange Juice/ Raspberry/ Banana/ Lemon*

**Strawberry Basil-** *Apple Juice, Strawberry, Basil*

**Super Hero-** *Almond Mylk/ Mango/ Banana/ Spirulina/ Date*

**Sweet Greens-***Almond Mylk/ Orange Juice/ Banana/ Pineapple/ Flax Oil/ Spinach/ Kale*

**Sweet Jane-** *Almond Mylk/ Banana/ Date*

**Sweet Tart Maca-** *Orange Juice/ Coconut Mylk/ Mango/ Strawberry/ Maca*

**Turmeric Twister-** *Almond Mylk/ Banana/ Mango/ Turmeric/ Cinnamon/ Ginger/ Date*

**Tropic Sunset-** *Coconut Water/ Banana/ Pineapple/ Strawberry*

# grassroots

NATURAL MARKET

## CREATE YOUR OWN ORGANIC SMOOTHIE

12oz \$6.99    16oz \$8.99    24oz \$10.99

**Pick 1 Base:** *Almond Mylk/Apple Juice/ Orange Juice/ Coconut Water*

**Pick up to 3 Fruits:** *Banana/Blueberry/Mango/Peach/Pineapple/Raspberry/Strawberry*

**Personalize:** *Check out our Add-ins Menu!*

## CREATE YOUR OWN ORGANIC JUICE

12oz \$7.99    16oz \$9.99    24oz \$11.99

**Pick 1 Base-***Carrot/Apple/Orange/Cucumber*  
+

**Pick up to 3 fruits or Veggies:** *Apple/Grapefruit/Lemon/Lime/Pear/Pineapple/Beet/  
Carrot/Cucumber/Kale/Seasonal Greens/Spinach/Parsley/Cilantro/Mint/Garlic/Ginger/  
Turmeric*

**Personalize:** *Check out our Add-ins Menu!*

## ORGANIC BOWLS

Personalize your fruit bowl with up to 3 free toppings  
\$7.99

### **Acai Bowl:**

Acai/Apple Juice/ Banana/Blueberry

### **Dragonfruit Bowl:**

Dragonfruit/ Coconut Water/ Banana/ Pineapple

Topping options

- Organic Agave Nectar
- Organic Cacao Nibs
- Organic Coconut Flakes
- Organic Granola GF
- Local Raw Honey
- Organic Almond or Peanut Butter
- Organic Hemp Hearts

(Additional toppings starting at 49¢)

## Add-in Menu

### **Protein \$1.99**

Sunwarrior Warrior Blend Vanilla (18g protein per serving)

Sunwarrior Warrior Blend Chocolate (17g protein per serving)

Sunwarrior Warrior Blend Natural (19g protein per serving)

Bob's Red Mill Hemp Protein (14g of protein per serving)

### **Fresh Fruits 49¢**

Apple/Avocado/Grapefruit/Lemon/Lime/Pear/Pineapple

### **Frozen Fruits 49¢**

Bananas/Blueberry/Mango/Peach/Pineapple/Raspberry/Strawberry

### **Vegetables 49¢**

Beet/Carrot/Celery/Cilantro/Cucumber/Garlic/Kale/Mint/Parsley/Seasonal Greens/Spinach

### **Signature Add Ins 99¢**

Acai Berry/Agave Nectar/Almond Butter/Peanut Butter/B-12/Bee Pollen

Cacao Nibs/Cacao Powder/Chia Seeds/Charcoal Powder/Cinnamon/Coconut Oil

Coconut Flakes/Echinacea/Flax Oil/Flax Seed/Ginger/Garlic/Green Tea Extract

Hemp Hearts/Honey (*Raw & local*)/Maca/Matcha Green Tea

Moringa/Oats (*Gluten Free*)/Spirulina/Turmeric

### **Premium Add Ins \$1.99**

Barleans' Greens/ Charlottes' Web Hemp Extract 17mg/ MCT oil/E3 Live

Sea Moss Gel—**\$2.99**